

Name of HEI

An Chomhairle
Mhúinteoireachta



The Teaching Council

Subject Specification Form (SSF)

Physical Education

**For the submission of programmes
for review and professional
accreditation by the Teaching
Council (concurrent post-primary
programmes only)**

**A Subject Specification Form must be submitted for
each post-primary curricular subject included in the
accreditation application.**

Physical Education

In order to meet the registration requirements, set down in the Teaching Council [Registration] Regulations in respect of the curricular subject of Physical Education, **all** of the following criteria must be met:

- 1**
 - a) Physical Education must be studied in the degree up to and including third-year level or higher (or modular equivalent).
 - b) The qualifying degree must be equivalent to at least Level 8 on the National Framework of Qualifications (NFQ) and with a minimum pass result in all examinations pertinent to the subject of Physical Education.
 - c) The qualifying degree must carry at least 180 ECTS (European Credit Transfer System) credits (or equivalent) with the specific study of Physical Education comprising at least 60 ECTS credits (or equivalent).

- 2** The study of Physical Education during the qualification must show that the holder has acquired sufficient knowledge, skills and understanding to teach the Physical Education syllabus/specification to the highest level in post-primary education (see www.curriculumonline.ie).

To meet this requirement, the degree must include the study of all of the following areas:

- a)
 - i. Adventure activities
 - ii. Aesthetic and expressive activities
 - iii. Athletic activities
 - iv. Competitive activities
 - v. Fitness and health activities
 - vi. Technological knowledge of sport and physical activity
 - vii. Curriculum models for sport and physical activity
 - viii. Water based activities

To meet this requirement the degree must also include the study of one area from (b) and one area from (c):

- b)
 - i. Motor Learning and Development
 - ii. Nutrition and physiology for healthy living and performance
 - iii. Sport and Exercise Psychology
 - iv. Physical Activity and Inclusion
- c)
 - i. Policy and Provision in physical activity and Sport
 - ii. Sociological Perspectives of Physical Activity and Sport
 - iii. Well-being and Health Promotion
 - iv. Theory and application of physical activity programming for health, fitness and performance

Physical Education

Please answer the questions below and insert module code(s), module title(s) and ECTS credit values as required.

<p>1 Is the degree equivalent to a least a Level 8 on the Irish National Framework of Qualifications (NFQ), with Physical Education studied up to and including third-year level or higher (or modular equivalent)?</p>	<p>Yes</p>	<p>No</p>
<p>2 Does the degree carry a minimum of 180 ECTS credits (or equivalent)?</p>	<p>Yes</p>	<p>No</p>
<p>3 Does the study of Physical Education carry a minimum of 60 ECTS credits (or equivalent)?</p>	<p>Yes</p>	<p>No</p>
<p>4 Does the study of Physical Education include the study of all of the following areas?</p> <ul style="list-style-type: none"> a) Adventure activities b) Aesthetic and expressive activities c) Athletic activities d) Competitive activities e) Fitness and health activities f) Technological knowledge of sport and physical activity g) Curriculum models for sport and physical activity h) Water based activities 	<p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p>	<p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p>
<p>5 Does the study of Physical Education include the study from one area from (b) and one area from (c)?</p> <ul style="list-style-type: none"> b) i. Motor Learning and Development ii. Nutrition and physiology for healthy living and performance iii. Sport and Exercise Psychology iv. Physical Activity and Inclusion c) i. Policy and Provision in physical activity and Sport ii. Sociological Perspectives of Physical Activity and Sport iii. Well-being and Health Promotion iv. Theory and application of physical activity programming for health, fitness and performance 	<p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p>	<p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p>

Physical Education

In relation to the questions above, please list below the module code(s), title(s) and ECTS credit values for each module studied.

Essential Areas of Study

Area of Study:

Adventure Activities

Module Code	Module Title	ECTS Credit Value

Area of Study:

Aesthetic and expressive activities

Module Code	Module Title	ECTS Credit Value

Area of Study:

Athletic activities

Module Code	Module Title	ECTS Credit Value

Area of Study:**Competitive activities**

Module Code	Module Title	ECTS Credit Value

Area of Study:**Fitness and health activities**

Module Code	Module Title	ECTS Credit Value

Area of Study:**Technological knowledge of sport and physical activity**

Module Code	Module Title	ECTS Credit Value

Area of Study:

Curriculum models for sport and physical activity

Module Code	Module Title	ECTS Credit Value

Area of Study:

Water based activities

Module Code	Module Title	ECTS Credit Value

Essential Areas of Study

(a minimum of one area from below)

Area of Study:

Motor Learning and Development

Module Code	Module Title	ECTS Credit Value

Area of Study:

Nutrition and physiology for healthy living and performance

Module Code	Module Title	ECTS Credit Value

Area of Study:

Sport and Exercise Psychology

Module Code	Module Title	ECTS Credit Value

Area of Study:

Physical Activity and Inclusion

Module Code	Module Title	ECTS Credit Value

Essential Areas of Study

(a minimum of one area from below)

Area of Study: Policy and Provision in physical activity and Sport

Module Code	Module Title	ECTS Credit Value

Area of Study: Sociological Perspectives of Physical Activity and Sport

Module Code	Module Title	ECTS Credit Value

Area of Study: Well-being and Health Promotion

Module Code	Module Title	ECTS Credit Value

Area of Study:**Theory and application of physical activity programming for health, fitness and performance**

Module Code	Module Title	ECTS Credit Value

Area of Study:**Other**

Module Code	Module Title	ECTS Credit Value

Total ECTS Credits in Physical Education